

THE PLOUGHBOY
(England)

A set dance.

Music: Record: ED 106

Formation: Longways for 3 cpls.

Meas

Pattern

- 1-16 Top 2 cpls balance and swing -- finish with ptrs on R facing down.
 17-32 Both cpls lead down the middle, turn as cpls, lead up the middle and 1st cpl cast to second place.
 33-48 Same cpls R & L star.
 49-52 1st M and 3rd W change places.
 53-56 1st W and 3rd M change places.
 57-60 1st & 3rd cpls circle L half way round (to original places).
 61-64 1st cpl cast to bottom of set, 3rd cpl move up to second place.

Presented by Nibs Matthews

THE ROYAL ALBERT
(England)

A popular dance of the 19th century.

Music: Record: ED 103

Formation: Longways

Meas

Pattern

- 1-16 1st cpl and 2nd W basket swing.
 17-32 Same three (1st M in the middle) dance down the middle, turn individually and dance back to new places.
 1st cpl on W side.
 2nd cpl on M side.
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|----|----|
| 2M | 1W |
| 2W | 1M |
- 1-16 Facing ptrs -- Quadrille setting (step R, L behind, step R and touch L toe in front) repeat starting with L ft. Ptrs swing.
 17-32 Ladies chain without waist hold (skip change step).
 33-48 1st and 2nd cpls dance CCW around each other to progressed places.

Presented by Nibs Matthews